

## Holistic Healing





Nance Turner-Collings delves further into spiritually aware children. Is your child an Indigo, a Crystal or a Rainbow child? Find out how to spot them, what they are here for and how you can help them grow.

here seems to be quite an interest these days in children that people have labelled *Star Children*.

So what exactly is a Star child? These children are also sometimes known as Indigos, Crystal and Rainbow children. Why are they here, and do they serve some kind of purpose? Do you think that your child displays the kind of spiritual knowledge and understanding beyond their years? Do you think that maybe your child is just a bit different from 'the norm' and can't explain why? Would you be interested to see if your child was a Star child, and understand that they are here for a reason? In this article, I follow on from Are you an Indigo?, and explain about other types of New Age children and why they are here.

### What Is A Crystal Child?

Like indigo children, Crystal children are highly sensitive and psychic and are here to bring about peace and love through spirituality; paving the way for this to happen. However, some people would call these children lightworkers, and they have a maturity and fearlessness like no other. These children are extremely wary of strangers, but are attracted to people in need and the older generation.

Perhaps this is because of the maturity and understanding that the older, wiser person will have, and if there are other Crystals about, you will notice that they will gravitate towards each other.

## How To Spot A Crystal Child.

Crystals are quite easy to spot, the first thing that you will notice is their eyes, large and intense, it seems that they will look right through you, almost like they can read your mind. It is said that Crystals have the ability of telepathy and will use their own sign language to communicate. Most of the Crystals will have been born in 1995 or later, however you can get Indigo/Crystal children. These are Indigo children who, through experience, have discovered their abilities have evolved to be much like that of Crystal children. If this is so there is no way of knowing how many older Crystals there could be. These newer generation (those born after 1995), seem to fascinate and

dazzle with their magnetic personalities. You will find though that they will usually start talking later in childhood, but will be able to sing and play music before this. Like Indigos, some Crystals might be diagnosed with autism or Aspergers Syndrome, but their temperaments couldn't be further away from an Indigos. Crystals are eventempered; loving; forgiving; highly sensitive and empathic to others; they love nature; have a fondness for animals and display signs

early in

66Some mothers of Crystals have often said that when their babies were in the womb, they couldn't eat anything but healthy food, as it would seem that they prefer vegetarian meals and juices, rather than the varied diet most of us eat. 29



# hildren

childhood of healing abilities. They love anything spiritual and have a deep interest in rocks and crystals.

Some mothers of Crystals have often said that when their babies were in the womb, they couldn't eat anything but healthy food, as it would seem that they prefer vegetarian meals and juices, rather than the varied diet most of us eat. One of the main things about Crystals is their deep understanding of Angels and spirit guides, many of them have past-life memories.

So what's next, if these children have these amazing gifts and talents, surely then there can be nothing left that the universe can share? Well it seems there is ... introducing the Rainbow Child.

#### What Is A Rainbow Child?

The Rainbow child is like a cross between James Bond and Charlie's Angels. These children have no Karma, and no fear. They are not phased by anybody and will go about their mission and won't let anything stop them. However, that doesn't make them emotionless: far from it! It seems that Rainbows are totally trusting towards others, and are all about serving the higher good. There isn't much known about the abilities of these children as Rainbow Children always have Crystal parents. The only thing that we can be sure of is that these children will be healers, mostly hands on, and bring with them the healing Rainbow energy that you would get from many contemporary forms of healing, such as Reiki.

The most important thing isn't really "Is my child a Crystal or Rainbow child?", it's recognising that we all should be much more understanding towards children. Maybe adults should pay more attention when our little angels speak - it seems likely that this is the generation that is going to teach us all a lesson in humanity and peace.

All these children are special, most of all because they are consciously aware that we are all equal and that we all create our own realities. Many of them will end up backing worthy ecological causes and leading us towards a better understanding and awareness of our interconnectedness with the planet and each other. Others will become

healers in one form or another, doing their best to eradicate suffering in humans and animals, whether physical, mental or emotional. They will all bring their own uniqueness, in the form of a magical and creative outlook on life and living.

These children show us the world through eyes that look beyond the normal three dimensions. Maybe they will help us understand a bit more about ourselves too?